

## March 2021 Spring





Volunteers—Remember to take meal temperatures daily

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Monday	Tuesday	Wednesday	Thursday	Friday
March 1	March 2	March 3	March 4	March 5
Whole Wheat Spaghetti w/ Marinara Meat Sauce Winter Blend Veggies Homemade 3 Bean Salad Sliced Peaches Milk	Beef Patty w/Peppers & Tomatoes Whole Wheat Bread Baked Potato Homemade Cold Slaw Baked Apple Slices Milk	Chicken Stew Crackers Cooked Seasoned Spinach Romaine Salad Banana Milk	Garbanzo, Rice & Turkey Casserole (Brown Rice) Mixed Veggies Zucchini Orange Milk	Tuna & Macaroni Salad (Whole Wheat Pasta) Homemade Carrot Salad Green Pea Salad Mandarins & Pineapple Milk
March 8	March 9	March 10	March 11	March 12
Beef Patty w/ Brown Gravy Oatmeal Cookie Roasted Potato Cubes & Carrots CA Blend Veggies Fruit Cocktail Milk	Chicken Enchiladas Blanca (Tortilla) Black Beans Cilantro Cole Slaw Pears Milk	Sweet & Sour Meatballs Brown Rice Brussel Sprouts Homemade Carrot Salad Pineapple Tidbits Milk	Chicken Patty Parmesan Whole Wheat Pasta Cauliflower Romaine Salad Apple Milk	Breaded Haddock Barley Pilaf Broccoli Corn Salad Apricot Halves Milk
March 15	March 16	March 17	March18	March 19
Chicken a la King Whole Wheat Pasta Seasoned Spinach Pickled Beets Pineapple Tidbits Milk	Cheese Ravioli/Meat Marinara Sauce (Pasta) Winter Blend Veggies Summer Squash Sliced Peaches Milk	Chili Beans w/ Meat Birthday Muffin Tuscany Blend Veggies Homemade Carrot Salad Orange Milk	Turkey in Gravy Stuffing CA Blend Veggies Pea Salad Banana Milk	Black Eyed Pea Salad & HB Egg Crackers Romaine Salad Homemade Cole Slaw Applesauce Milk
March 22	March 23	March 24	March 25	March 26
Chicken Enchiladas w/ Red Sauce (Tortilla) CA Blend Veggies Succotash Fruit Cocktail Milk	Meatballs in Gravy Whole Wheat Bread Mashed Potatoes Green Beans Sliced Pears Milk	Chicken Sandwich w/ Fixins Whole Wheat Bun Baked Beans Homemade Carrot Salad Orange Milk	Italian Noodle Casserole (Pasta) Broccoli Italian Blend Veggies Apricot Halves Milk	Omelet w/ Cheese Muffin Stewed Tomatoes Homemade Cole Slaw Sliced Peaches Milk
March 29	March 30	March 31	April 1	April 2
Albondigas w/ Potatoes & Carrots Corn Tortilla Corn Hot Seasoned Beets Mandarins & Pineapple Milk	Spaghetti w/ Meat & Marinara (Whole Wheat Pasta) Seasoned Spinach Homemade 3 Bean Salad Banana Milk	Pork Rib Patty w/ BBQ Sauce Whole Wheat Bread Sweet Potatoes Brussel Sprouts Applesauce Milk	Chicken Alfredo (Pasta) Scandinavian Blend Veggies Homemade Cole Slaw Fruit Cocktail Milk	Tuna Salad w/ Slice of Whole Wheat Bread Homemade Carrot Salad Pickled Beets Orange Milk

Menu item substitutions based on product availability.

## **Cancellations & Reservations**

Please call the Site Manager to <b>CANCEL, Suspend</b> or <b>RESUME</b> your meals  2 BUSINESS DAYS IN ADVANCE					
Site Locations:	Serving Time	Site Manager & Assessor	Phone Number		
Atascadero and Templeton	11:30	Liz	466-2317		
Cambria	11:45	Jesse/Kat	927-1268		
Los Osos	11:30	Rachel	528-6923		
Morro Bay Dining Room	11:30	Marilee/Kat	772-4422		
Morro Bay/Cayucos Home-Delivery		Call: 772-4422			
Nipomo	12:00	Sandy	929-1066		
Arroyo Grande, Grover Beach, Pismo Beach, Oceano	11:30	Debbie	489-5149		
Paso Robles	11:30	Marlene	238-4831		
Santa Margarita	11:15	Andrew	438-5854		
San Luis Obispo Home Delivery		Call: Janine at 543-0469			
Downtown: Anderson Hotel	11:30	Janine	543-0469		
Laguna Lake Area: U.C.C. Church	11:30	Les	541-1168		
San Luis Obispo Main Office: 541-3312	(	Central Kitchen: 541-2063			